

Blessing Before Snack:

(Teaching Sign of the Cross)

*"God loves me from my head, to my heart,
From this shoulder, to this shoulder,
And I love Him too."*

(Sing Prayer)

*"O the Lord is good to me,
And so I thank the Lord,
For giving me,
The things I need,
Like the sun and the rain
And the apple seed.
The Lord is good to me.
Al-le-lu-ia!*

A-men!" (clap the 2 syllables)

(Traditional Sign of the Cross)

*"In the name of the Father,
and of the Son,
and of the Holy Spirit.
Amen."*

